



Trauma training for everyone, everywhere

Trauma Free World 2025 Evaluation Report

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Table of Contents

Participant Outcomes.....	3
Summary.....	3
Advanced Trauma Competent Caregiving In-Person.....	6
Advanced Trauma Competent Caregiving Livestream.....	7
Advanced Trauma Competent Caregiving (ASL).....	8
Introduction to Trauma Informed Care for Caregivers.....	9
Introduction to Trauma Informed Care for Educators.....	10
Introduction to Trauma Informed Care for Nonprofits.....	11
Trauma Informed Educators.....	12
Trauma Informed Mission Guests.....	13
Trauma Informed Volunteers.....	14
What is Trauma Competent Care?.....	15
Research Impact.....	16
Manuscripts.....	16
Research Grants.....	16

Participant Outcomes

Summary

Participants and Impact:

- 160 people completed the post-training survey following participation in a Trauma Free World training program.
- Most participants represented church- or faith-based organizations (24.4%), nonprofits/NGOs (28.7%), and education (17.5%). Though participants also represented business/corporate (1.3%), government agencies (8.8%), healthcare (6.9%), and social services (9.4%).
- 121 of these participants claimed that their participation in the training would impact approximately 286.4 people, though there was a great variety of responses ($SD = 871.4$) spanning a minimum value of 1 and a maximum value of 8,430 people.

Helpfulness of Training Components:

- Across all programs, most participants reported that the handouts/companion guides/books associated with training were Very Helpful (67.5%).
- In programs involving video-teaching, most participants reported that the video-based teaching was Very Helpful (70.6%).
- In programs with group-based activities, most participants reported that such activities were Very Helpful (56.9%).
- In programs that involved in-person or livestream training formats, most participants reported that these formats were Very Helpful (55.6%).
- Overall, most participants Strongly Agreed (61.9%) that participation in the course would benefit their work and volunteer efforts.

Personal/Professional Impact:

- Most participants reported Yes (29.4%) or Absolutely (56.9%) to recommending this course to others.
- Most participants reported Yes (33.1%) or Absolutely (50.0%) to reviewing the training to strengthen skills and understanding.
- Most participants reported Yes (36.9%) and Absolutely (43.8%) to investing in other trauma-informed training opportunities for professional/personal growth.

Overall Ratings

	★	★★	★★★	★★★★	★★★★★
All Training Programs	.60%	0.0%	1.9%	15.0%	79.4%
Advanced TCC In-Person	0.0%	0.0%	3.0%	7.6%	89.4%
Advanced TCC Livestream	0.0%	0.0%	0.0%	10.0%	90.0%
Advanced TCC ASL	0.0%	0.0%	0.0%	0.0%	100.0%
Intro TIC for Caregivers	0.0%	0.0%	0.0%	13.0%	87.0%
Intro TIC for Educators	0.0%	0.0%	0.0%	25.0%	75.0%
Intro to TIC for Nonprofits	0.0%	0.0%	0.0%	28.0%	72.0%
Trauma-Informed Missions	0.0%	0.0%	14.3%	14.3%	71.4%
Trauma-Informed Volunteers	0.0%	0.0%	0.0%	45.5%	54.5%
What is TCC?	0.0%	0.0%	0.0%	0.0%	100.0%

“I CONSIDER THIS COURSE THE MOST IMPACTFUL COURSE OF MY PERSONAL AND PROFESSIONAL DEVELOPMENT. IT IS PRACTICAL AND AUTHENTIC. I ABSOLUTELY LOVE IT AND SEE HOW I CAN TRANSFER KNOWLEDGE AND SKILLS HONED TO EFFECT POSITIVE CHANGE.”

Advanced TCC In-Person Participant

Recommendations

- **Advanced TCC (In-Person)**
 - “Excellent delivery but I think there’s a need for you to include pre-evaluation before administering post-evaluation to ascertain where you met us and the level of retention.”
 - “The training was good but the slides in the outline were too small to view.”
 - “My small suggestion if the duration can be extended from 3 days to 1 week. Some of the prints can’t be seen.”
 - “If this information could be put into a format for adults who have experienced trauma (especially traumatized parents who are dealing with children who they have inadvertently caused trauma to) to actually be able to recognize their trauma and start to take steps to address it, that would be incredibly helpful.”
- **Advanced TCC (ASL)**
 - “More information on developing the strengths/positives in a story.”
- **Introduction to Trauma Informed Care for Caregivers**
 - “In-person training would be very helpful to be able to practice the skills as learning.”
 - “It was good for an introduction, but I wish there was a bit more detail about it.”
 - “I would suggest having a few more interactive tools.”
- **Introduction to Trauma Informed Care for Nonprofits**
 - “I would like something focused on teens and young adults.”
 - “Please build a place for processing and reflection – some of the material can be intense or reactivating”
- **Introduction to Trauma Informed Care for Educators**
 - “A few of the handouts referred to were not easily found within the course handouts.”

Advanced Trauma Competent Caregiving In-Person

- **Participants and Impact:**
 - 66 people completed the post-training survey. Most participants represented education (31.8%), church- or faith-based organizations (21.2%), government agencies (18.2%), or nonprofits/NGOs (18.1%).
 - 49 participants claimed that their participation in the training would impact approximately 381.3 people ($SD = 645.3$).
- **Helpfulness of Training Components:**
 - Most participants reported that the handouts/companion guides/books (84.8%), the video-based teachings (74.2%), the group-based activities (86.4%), and the in-person format (78.8%) were Very Helpful.
 - Overall, most participants Agreed (21.2%) or Strongly Agreed (63.6%) that the course would benefit their work and volunteer efforts.
- **Personal/Professional Impact:**
 - Most participants responded Yes (27.3%) or Absolutely (56.1%) that they would recommend the course to others.
 - Most participants reported Yes (30.3%) and Absolutely (53.0%) that they would review the training to strengthen their skills and understanding.
 - Most participants reported Yes (39.4%) and Absolutely (40.9%) that they would investigate other trauma-informed training opportunities for professional and/or personal growth.

Advanced Trauma Competent Caregiving Livestream

- **Participants and Impact:**
 - 10 people completed the post-training survey. Most participants represented nonprofits/NGOs (70.0%) or church- or faith- based organizations (20.0%).
 - 10 participants claimed that their participation in the training would impact approximately 67.60 people ($SD = 54.80$).
- **Helpfulness of Training Components:**
 - Most participants reported that the handouts/companion guides/books (90.0%), the video-based teaching (60.0%), the group-based activities (80.0%), and the livestream format (80.0%) were Very Helpful.
 - Overall, most participants Strongly Agreed (80.0%) that the course would benefit their work and volunteer efforts.
- **Personal/Professional Impact:**
 - Participants responded Yes (40.0%) or Absolutely (60.0%) that they would recommend the course to others.
 - Most participants reported Yes (40.0%) and Absolutely (60.0%) that they would review the training to strengthen their skills and understanding.
 - Most participants reported Yes (60.0%) and Absolutely (40.0%) that they would investigate other trauma-informed training opportunities for professional and/or personal growth.

Advanced Trauma Competent Caregiving (ASL)

- **Participants and Impact:**
 - 1 person completed the post-training survey. This participant represented a church- or faith- based organization.
 - This participant indicated that their participation in the training would impact approximately 4 people.
- **Helpfulness of Training Components:**
 - This participant claimed that the handouts/companion guides/books and the group-based activities were Very Helpful.
 - Overall, this participant Strongly Agreed that the course would benefit their work and volunteer efforts.
- **Personal/Professional Impact:**
 - This participant reported that they would Absolutely recommend the course to others.
 - This participant reported that they would Absolutely review the training to strengthen their skills and understanding.
 - This participant reported Yes that they would investigate other trauma-informed training opportunities for professional and/or personal growth.

Introduction to Trauma Informed Care for Caregivers

- **Participants and Impact:**
 - 23 people completed the post-training survey. Most participants represented healthcare (21.7%), nonprofits/NGOs (21.7%), social services (21.7%), or church – and faith – based organizations (17.4%).
 - 19 of these participants claimed their participation in the training would impact approximately 48.79 people ($SD = 54.46$).
- **Helpfulness of Training Components:**
 - Most participants claimed that the handouts/companion guides/books (60.9%) and the video-based teachings (69.6%) were Very Helpful.
 - Overall, participants Agreed (43.5%) or Strongly Agreed (56.5%) that the course would benefit their work and volunteer efforts.
- **Personal/Professional Impact:**
 - Most participants reported Yes (30.4%) and Absolutely (60.9%) that they would recommend the course to others.
 - Most participants reported Yes (39.1%) and Absolutely (52.2%) that they would review the training to strengthen their skills and understanding.
 - Most participants reported Yes (30.4%) and Absolutely (60.9%) that they would investigate other trauma-informed training opportunities for professional and/or personal growth.

Introduction to Trauma Informed Care for Educators

- **Participants and Impact:**
 - 8 people completed the post-training survey. Most participants represented education (37.5%), church – or faith – based organizations (37.5%), government agencies (12.5%), or social services (12.5%).
 - 6 participants claimed that their participation in the training would impact approximately 94.83 people ($SD = 86.77$).
- **Helpfulness of Training Components:**
 - 50% of participants reported that the handouts/companion guides/books were Very Helpful, 25% reported that they were Helpful, and 25% did not respond. Most participants said the video-based teachings were Very Helpful (87.5%). 37.5% of participants said the group-based activities were Helpful, 25.0% of participants said they were Very Helpful, and 37.5% of participants did not respond.
 - Overall, participants Agreed (37.5%) or Strongly Agreed (62.5%) that the training would benefit their volunteer and work efforts.
- **Personal/Professional Impact:**
 - Most participants reported Yes (37.5%) and Absolutely (50.0%) that they would recommend the course to others.
 - Most participants reported Yes (62.5%) that they would review the training to strengthen their skills and understanding.
 - 50% of participants reported that they would Absolutely investigate other trauma-informed training opportunities for professional and/or personal growth. 25% reported Maybe, and 25% reported Yes.

Introduction to Trauma Informed Care for Nonprofits

- **Participants and Impact:**
 - 25 people completed the post-training survey. Most participants represented nonprofits/NGOs (60.0%).
 - 20 participants claimed that their participation in the training would impact approximately 558.5 people ($SD = 1,866$).
- **Helpfulness of Training Components:**
 - Most participants reported that the handouts/companion guides/books (72.0%) and the video-based teachings (80.0%) were Very Helpful. 40.0% of participants said the group-based activities were Helpful, 36.0% said they were Very Helpful, 8.0% said they were Not Helpful, and 16.0% did not respond.
 - Overall, participants Strongly Agreed (84.0%) that the course would benefit their work and volunteer efforts.
- **Personal/Professional Impact:**
 - Most participants reported that they would Absolutely (76.0%) recommend the course to others.
 - Most participants reported that they would Absolutely (72.0%) review the training to strengthen their skills and understanding.
 - Most participants reported Yes (32.0%) and Absolutely (60.0%) that they would investigate other trauma-informed training opportunities for professional and/or personal growth.

Trauma Informed Educators

- **Participants and Impact:**
 - 3 people completed the post-training survey. Participants represented church- or faith – based organizations (66.7%) and education (33.3%).
 - 2 participants claimed that their participation in the training would impact approximately 50.00 people ($SD = 14.14$).
- **Helpfulness of Training Components:**
 - Most participants reported that the handouts/companion guides/books (66.7%), the video-based teachings (66.7%), and the group-based activities (66.7%) were Very Helpful.
 - Participants equally reported that they felt Neutral (33.3%), Agreed (33.3%), and Strongly Agreed (33.3%) that the course would benefit their volunteer or work efforts.
- **Personal/Professional Impact:**
 - Participants reported Yes (66.7%) and Maybe (33.3%) that they would recommend the course to others.
 - Most participants reported Yes (66.7%) or Maybe (33.3%) that they would review the training to strengthen their skills and understanding.
 - Participants reported Yes (66.7%) and Maybe (33.3%) that they would investigate other trauma-informed training opportunities for professional and/or personal growth.

Trauma Informed Mission Guests

- **Participants and Impact:**
 - 7 people completed the post-training survey. Participants represented church – or faith – based organizations (71.4%) and nonprofits/NGOs (28.6%).
 - 5 participants claimed that their participation in the training would impact approximately 310.8 people ($SD = 313.1$).
- **Helpfulness of Training Components:**
 - Most participants reported that the video-based teachings were Very Helpful (71.4%).
 - Overall, participants Agreed (57.1%) or Strongly Agreed (42.9%) that the course would benefit their volunteer and work efforts.
- **Personal/Professional Impact:**
 - Participants reported Yes (42.9%) or Absolutely (57.1%) that they would recommend the course to others.
 - Most participants responded Yes (57.1%) or Absolutely (28.6%) that they would review the training to strengthen their skills and understanding.
 - 42.9% of participants reported Yes that they would investigate other trauma-informed training opportunities for professional and/or personal growth. 28.6% reported Maybe and 28.6% reported Absolutely.

Trauma Informed Volunteers

- **Participants and Impact:**
 - 11 people completed the post-training survey. Most participants represented church- or faith-based organizations (45.5%) and nonprofits/NGOs (36.4%).
 - 9 participants claimed that their participation in the training would impact approximately 108.3 people ($SD = 187.9$).
- **Helpfulness and training Components:**
 - 36.4% of participants reported that the handouts/companion guides/books were Helpful, 18.2% reported that they were Very Helpful, 9.1% reported that they were Not Helpful, and 36.4% of participants did not respond. Most participants reported that the video-based teachings were Very Helpful (63.6%). 27.3% of participants reported that the group-based activities were Helpful, 18.2% reported that they were Very Helpful, 9.1% of participants reported that they were Not Helpful, and 45.5% of participants did not respond.
 - Overall, participants Agreed (54.5%) or Strongly Agreed (45.5%) that the course would benefit their volunteer or work efforts.
- **Personal/Professional Impact:**
 - Most participants reported Yes (45.5%) and Absolutely (45.5%) that they would recommend the course to others.
 - Most participants reported Maybe (36.4%), Yes (27.3%), or Absolutely (27.3%) that they would review the training to strengthen their skills and understanding.
 - Most participants reported Maybe (36.4%) or Yes (36.4%) that they would investigate other trauma-informed training opportunities for professional and/or personal growth.

What is Trauma Competent Care?

- **Participants and Impact:**
 - 1 person completed the post-training survey. This participant represented a nonprofit/NGO.
 - This participant did not provide a response for the impact of their participation in the training.
- **Helpfulness of Training Components**
 - This participant found the handouts/companion guides/books, the video-based teachings, and the group-based activities to be very helpful.
 - This participant Agreed that the course would benefit their volunteer and work efforts.
- **Personal/Professional Impact:**
 - This participant reported that they would Absolutely recommend this course to others.
 - This participant reported that they would Absolutely review the training to strengthen their skills and understanding.
 - This participant reported that they would Absolutely investigate other trauma-informed training opportunities for professional and/or personal growth.

Research Impact

Manuscripts

- 1 Manuscript submitted and accepted for publication.
 - Trauma Competent Caregiving: A Pilot Evaluation of a Virtual Trauma-Informed Caregiver Training for Foster and Kinship Parents
 - Journal of Child and Family Social Work
 - 680 Accesses
 - 3 Mentions
 - 1 Citations
 - DOI - <https://doi.org/10.1007/s10560-025-01039-5>

Research Grants

- Submitted
 - Administration for Children and Families
 - When Georgia Smiled Foundation
 - Caplan Foundation for Early Childhood
 - Bi3 Fostering Social Connections for Youth
- Received